



YMCA/KALIDA PIONEER DAYS 5K & FAMILY FUN RUN

Sponsored by Kalida Lions & Fire Fighters

Registration at 8:00 am

9 am Saturday, September 12, 2009

5K run/walk @ 9am – Tot Trot Race @ 10:00 – 1 mile fun run @ 9:30am

Kalida High School

Professional T-shirts for 5K participants with pre-registration

Cash Awards for 1st female and 1st male runners, runners-up, and 3rd

1st \$150 2nd \$100 3rd \$50

Special awards for 1st male and female in age groups

14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and over

*Chair Massage Available 9-11am, \$5

*Showers Available

*Door Prizes

www.pioneerdays.com

Cost: 5K Pre-Registration: \$20 w/shirt or \$15 no shirt by August 22, 2009. Tot Trot Race: \$5 award w/o shirt. After August 22: \$25 no shirt; Tot Trot Race: \$5 award w/o shirt; 1 Mile Fun Run: \$10 no shirt.

Race Location: Kalida High School, Kalida, Ohio. Directions: St. Rte 224 West of Ottawa. St. Rte 115 North of Lima.

Age Groups: 5K run/walk: any age can run/walk, Tot Trot Race: 3-4, 5-6, 7-8, 1 Mile Fun Run: any age.

Any Questions Contact Lisa Langhals, ph: 419-523-5233 or lisa-pcymca@woh.rr.com.

Return registration forms to: Putnam County YMCA 101 Putnam Parkway, P.O. Box 442, Ottawa, Ohio 45875

Please Print Clearly & Detach **Kalida Pioneer Days & 5K Run/Walk**

Check one: 5K / 1 Mile Fun Run / Tot Trot. Payment Amount: _____

Date of Birth ___/___/___ age on race day _____ M ___ F ___ Shirt: S M L XL XXL (circle)

Name: _____ Phone: _____

Address: _____ City: _____ State _____ Zip _____

Email: _____

I hereby for myself and my executors in consideration of the acceptance of this entry, waive for myself and my heirs any and all claims for damages against the event hosts, sponsors, their representatives, and all race official, for all claims of injury growing out of participation in this event, I attest and verify that I am physically fit to participate and am aware of the possible hazards of running in this event.

Signature: _____ Date: _____

Under 18, Parent/guardian signature: _____ Date: _____